



## AYER DETOX INTENSIVE PACKAGE

Intensive detoxifying treatment for those who want to quickly get back in shape.

This 6 day program is made with natural elements, massage techniques and treatments resulting from the age-old tradition of Ayurvedic medicine. The combination of body purification techniques through the hammam program, helps you eliminate all the toxins accumulated over time and awakens the internal organs enhancing their functionality.

A selection of Ayurvedic herbal teas will be on offer at the end of each path.

15% Discount applied on the 6 day package if taken all together:

Day 1 (day of arrival)

hammam program

Detoxifying treatment with triphala powder, turmeric and hot sesame oil

Ayurvedic Abhiangam

Herbal tea and relaxation

Treatment time 2 hours 30 min

Cost of 1 day course € 126.00

Day 2:

Hammam path

Massage reactivating the Garcinia powder, turmeric and hot sesame oil  
facial and head massage with aloe vera and coconut oil

Treatment time 2 hours

Cost for the entire course of two days € 218.00

Day 3:

Hammam path

Exfoliation with black sesame

facial powder joyfull

Treatment time 2 hours

Cost for the entire journey of three days € 320.00

Day 4:

Hammam path

Ritual of the Princesses treatment

Treatment Joyfull Touch

Thai foot massage

Treatment time 2 hours 40 min.

Cost for the entire course of 4 days € 460.00

Day 5:

Hammam path

Osmotic treatment Body Imp-Act

facial and head massage with perilla oil and ylang ylang

Treatment time 2 hours

Cost of the entire 5 days course € 569.00

Day 6:

Scrub massage with pink Himalayan salt, coconut oil and ylang

Relaxing massage with warm aromatic oils

Thai facial facelift

Treatment time 2 hours 30 min.

Cost per course of 6 days € 700.00 Discount applied on 6 days of route: 15% from list price