



Defining the Elements: At The Castellare di Tonda Spa, we unite Eastern philosophies and Western technologies to enhance beauty and well-being

We have prepared four unique Spa Rituals based on the philosophy of the four key elements of Water, Air, Earth and Fire.

The element of Earth relates to stable foundations and rules health, wealth, prosperity, employment and fertility. It is often evoked for stone, crystal and knot magic and spells related to the hearth and home, to gaining material things including money and employment and to general security and family matters.

This noninvasive ritual is suitable for fighting cellulite, promoting drainage (anti-puffiness) and improving the skins appearance. This ritual is made with an alchemy of plant powders, herbal extracts, pure vegetable oils and precious essential oils.

The key aspect of this ritual is the deep and rejuvenating massage techniques utilized, which will help stimulate body metabolism and the oxygenation of epidermal tissues promoting consequent reduction of adipose accumulations and elimination of excess fluid as well as promoting elastic skin and a nourished epidermal layer that will be visibly plumped and toned from the very first treatment.

The ritual will begin with a 10 minute aromatic steam bath to prepare the body to receive the valuable active ingredients contained and will always end with an aromatic steam bath to promote the elimination of excess toxins and liquids.

Phases of the Ritual

- 1 Himalayan Respiration treatment / Detoxifying, re-energizing and general smoothing treatment
 - 1 Osmotic Body Slim Control Wrap and Anti Cellulite massage / Deep massage and toning/draining wrap
 - 1 Aromatic pink spice-draining bandage wrap/ remodeling and toning treatment
 - 1 Remodeling Massage / Detoxifying, Cellulite reducing, skin toning deep massage
- Herbal Tea detox & relax time in the panoramic relaxation room.

Length of every treatment 75 minutes.

Cost of the total ritual € 300,00

Recommended for a 3/7 day stay